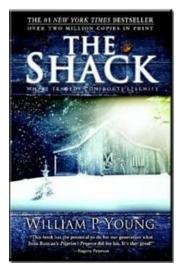


Newsletter from the Association for Light and Life June 1, 2009

This Issue: Summer Reading

Jesus said: "My brethren, you must all learn the value of rest and the efficacy of relaxation. You must realize that the best method of solving some entangled problems is to forsake them for a time. Then when you go back fresh from your rest or worship, you are able to attack your troubles with a clearer head and a steadier hand, not to mention a more resolute heart. Again, many times your problem is found to have shrunk in size and proportions while you have been resting your mind and body."

-- The Urantia Book - P.1611 - §1

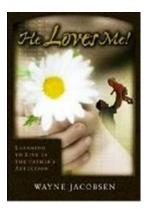


THE SHACK, by William P.Young. Back cover comment, "Mackenzie Allen Philip's youngest daughter, Missy, has been abducted during a family vacation and evidence that she may have been brutally murdered is found in an abandoned shack deep in the Oregon wilderness. Four years later, in the midst of his Great Sadness, Mack receives a suspicious note, apparently from God, inviting him back to the shack for a weekend. Against his better judgment he arrives at the shack on a wintry afternoon and walks back into his darkest nightmare. What he finds there will change Mack's world forever. In a world where religion seems to grow increasingly irrelevant THE SHACK wrestles with the timeless question: Where is God in a world so filled with unspeakable pain? The answers Mack gets will astound you and perhaps transform you as much as it did him. You'll want

everyone you know to read this book!"!

He Loves Me! Learning to Live in the Father's Affection". By

Wayne Jacobsen. Jacobsen had some collaboration with Young on <u>THE SHACK</u>, and Young states, in his endorsement, "For those of us who are longing to 'live loved,' I cannot recommend a better follow-up to <u>THE SHACK</u> than this book. It is an exploration and adventure into the heart of the God we hoped was truly there, and who loves each of us in particular with an everlasting love."



So You Don't Want To Go To Church Anymore (Wayne Jacobson and Dave Coleman)

Speaking of Wayne, Wayne Dyer has a new book entitled **Excuses Begone!** that looks good.

<u>Authentic Relationships: Discover the Lost Art of "One Anothering"</u>. Jacobsen returns in collaboration with his brother Clay Jacobsen.

Christian Meditation: Practice and Teachings for Entering the Mind of Christ. 6 CDs (Sample, if you wish, with Finley's CD, Breathing The Divine, which is an abbreviated introduction to the book, Meditation in the Christian Tradition, and to this 6 CD set).



The Four Agreements: A Practical Guide to Personal Freedom (A Toltec Wisdom Book).



Nothing in this Book is True, But It's Exactly How Things Are, by Bob Frissell. Shared by UB "Spirit Brother" Brett Hosey, this very entertaining and speculative book indicates we are entering a global

"awakening" cycle of "Christ Consciousness" which he lays out in a geometric scenario (with drawings for those of us not scientifically adeptPerhaps Frissell is "beckoning" us to take seriously the front cover endorsement of THE SHACK, i.e. "This book has the potential to do for our generation what

Entering the Mind of Chris

John Bunyan's Pilgrim's Progress did for his. It's that good!" (Eugene Petersen)

TIMELESS CLASSICS: How to Know God. Book or 5-CD set (Chopra at his best!)

A Guided Meditation by Glenn Harrold. For Relaxation, Well Being and Healing

The Phenomenon of Man by Pierre Teilhard de Chardin

The Impersonal Life -- "The Little Book in which ELVIS found the Light"

Tuesdays with Morrie:

An Old Man, a Young Man, and Life's Greatest Lesson, by Mitch Alborn

The Christ Within -- a Study of the Absolute, by Lillian Dewaters

The Power of Now by Eckhart Tolle -- (endorsed by Deepak Chopra)

The Course in Miracles. Deepak quotes from the CIM on his meditation tape, <u>The Soul of Healing</u>, "Every decision I make is a choice between a grievance and a miracle. I relinquish all regrets, grievances, and resentments, and choose the miracle."

My Utmost For His Highest -- the ultimate daily devotional, by Oswald "Doc" Chambers

"Just give me the bottom line, please." "Read THE URANTIA BOOK!"

Other books recently recommended by UB "Spirit Sister" Delores Nice, include: Letters to the Scattered Brotherhood, Christ in You, and God Calling; any of Joyce Rupp's books, such as, The Circle of Life, The Cup of Life, Praying Our Goodbyes; Prayers for a Planetary Pilgrim by Edward Hay and Guerrillas of Grace by Ted Loder are especially good for daily prayer; Robert Wicks' books, Living a Gentle, Passionate Life and Simple Changes integrate spirituality and psychology in a very readable form. Use these books not just for your own spiritual reading, but for retreats and work with inmates in jail and in prison.

Closer to home,

Harp of God continues to proudly feature its books: Fruits of the Spirit, by Teacher Tomas; The Zooid Mission, by Gerdean; The Mind of Christ - a Book of Daily Meditations by Joyce Mary Brenton; "Lessons on Prayer" by Teacher Welmek, through Donna D'Ingillo; and the online edition of Jesus Christ - I Speak to You Again, by Algimantas Jacobena.

O'Dell-Bowen Enterprises is putting the finishing touches on its latest book, which compares and integrates the Seven Chakra Vortices with the Seven Adjutant Mind Spirits. It will be published by Supernal Press, a division of Harp of God, and will be available in September.

Light and Life.com is looking for help. Editor-in-Chief Jim Cleveland needs a reputable literary agent to read the first 50 pages or more of "Lucifer's Gardens," a new novel manuscript on Urantian themes of ascension, free will, time and space evolution, and planetary rebellion. Philosophical novel wrapped into an adult action adventure, 4th book in series but stands alone. We also need help with the new Joomla framework through which we are attempting to migrate the site for streamlined operation. We envision tutorial help and an affordable monthly retainer to help us re-create the site and get it running. We are attempting to migrate many hundreds of Teaching Mission transmissions into a searchable library and in need of manpower and skills. E-mail jamescleveland@tds.net.

Hope to see you all at the ALL Conference, September 18-20, 2009, at the San Geronimo Lodge in Taos, New Mexico. Check it out: www.SanGeronimoLodge.com

-- Gerdean O'Dell, Editor