



A.L.L.

The September 2010 Newsletter of The Association for Light and Life

The ALL Council

Presiding Officer Dolores Nice;
Secretary/Treasurer Rick Giles;
Eugenia Bryan; Judy Langston;
Jael Regis; Marty Greenhut; and
Angus Bowen

ALL Beneficiaries:

Ron Besser, on behalf of
TMArchives and Starbridge
Trust; Bob Devine for Common
Ground, with Lily Frasier, Mark
Turnbull and Mark Austin;
Norman Ingram to get the UB
into Peru and Cuba; Judy
Langston on behalf of Inter-
faith Fellowship; Harp of God's
Marty Greenhut on behalf of
Lessons on Prayer; Gerdean
O'Dell to kick start Canossian
Retreat, and many others

ALL Gatherings:

Bogus Basin, UT, 2004
Canossian, NM, 2005
Canossian, NM, 2006
Santa Barbara, CA, 2007
Unity Village, MO, 2008
Taos, NM, 2009
Dayspring, FL, 2010

IC-11 is Coming!!!

Theme: "The Revelation in
Action: Act Globally, Grow
Cosmically" –Salt Lake City,
Utah; July 27-31, 2011 - Salt
Lake University
<http://ic11.org/>

Spiritual Receptivity

The September 2010 Issue of the Newsletter of and for The Association for Light & Life focuses on the physiological aspects of our brain and contexts of our mind that influence spiritual receptivity. First some quotes:

The Mind is "the Gateway thereto."

"When you once begin to find God in your soul, presently you will begin to discover him in other men's souls and eventually in all the creatures and creations of a mighty universe. But what chance does the Father have to appear as a God of supreme loyalties and divine ideals in the souls of men who give little or no time to the thoughtful contemplation of such eternal realities? While the mind is not the seat of the spiritual nature, it is indeed the gateway thereto." --Urantia Paper 155 §6 ¶13

It is Influenced by Certain Glands,

...Spirit- reception series. There are three groups of mind design as related to contact with spirit affairs. This classification does not refer to the one-, two-, and three-brained orders of mortals; it refers primarily to gland chemistry, more particularly to the organization of certain glands comparable to the pituitary bodies. The races on some worlds have one gland, on others two, as do Urantians, while on still other spheres the races have three of these unique bodies. The inherent imagination and spiritual receptivity is definitely influenced by this differential chemical endowment. The Urantia Book, Page 566 - §7

Augmented By and Through Prayer,

...God answers man's prayer by giving him an increased revelation of truth, an enhanced appreciation of beauty, and an augmented concept of goodness. Prayer is a subjective gesture, but it contacts with mighty objective realities on the spiritual levels of human experience; it is a meaningful reach by the human for superhuman values. It is the most potent spiritual-growth stimulus. ... More from the UB, Page 1002, Section 3

Belief Systems, and Sometimes Chemistry

Enhancing Spiritual Receptivity

By Richard Omura

This is for those of you who want to enhance your spiritual receptivity. Please note that this is based on my experience and much of it is experimental, so further refinements to the process are ongoing. A lot of this is not new. It is based on practices such as the Stillness, meditation and other personal moments of contemplation and reflection which many of you may already do. This just adds a little scientific confirmation that may make a big difference.

I have been researching the subject of how brain cells, or neurons, are created. Only a few years ago, it was thought that new brain cells cannot be created. Now we are getting new scientific evidence that neurons can indeed be created. There is also evidence that other cells such as in muscles can be created by focusing attention on it when exercising. Some of the books I read are: *Train Your Mind, Change Your Brain*, by Sharon Begley and *The Brain That Changes Itself*, by Norman Doidge, MD, among others. In Sharon Begley's book, one of the things she writes about is the case when they took about 50 Buddhist monks from the Dalai Lama's sect to Chicago, in order to study meditational states with modern technology. They hooked them up to MRIs and brain scans and found that when they were meditating heavily, certain parts of the brain that dealt with the things they were meditating on grew. For instance, when they were meditating on compassion, new cells and new connections between cells in the part of the brain that controlled compassion grew. (Now, this is just a simplification. Please read the book for details.) However, these monks did not believe in a personal deity, God, so they were not engaged in worshipful meditation; it was what I call psychological meditation.

The important thing is, the author made the point that this proves scientifically that relative free will is a fact. We can actually change the way our brain is wired through effort - meditation and other thought processes, even physical exercise. Then I realized that that was what I was doing all the time during my meditation sessions. But instead of just focusing on concepts like peace, compassion, etc., I was meditating on connecting with God and I believe I was increasing the brain cells that had to do with making that connection, but I wasn't sure if there was a part of the brain that does that.

Well, then I found a passage in The UB that mentions how there is a gland comparable to the pituitary that enhances our spiritual connection. Well, there you go! I thought. So, although the UB doesn't say exactly where the gland is except to say it is close to the brain, I think what I was doing was to increase the quality and size of this gland through worshipful meditation. After I realized this I began to enhance my meditations and to envision this gland being optimized by my daily connections to divine spirit. And the results were astounding! Not only did my spiritual connection go from "dial up" speed to "high speed" access, I learned to control my human emotions and negative tendencies through this process.

Many of you have been doing this all along but maybe didn't know that there were actual physical changes in your brain. Now that this is confirmed by science you can optimize its efficiency. Whether it is a better spiritual connection or if you want to control your anger, bad habits, negativity etc., just visualize your brain's hardware that connects the material to the spiritual getting more empowered, getting bigger and better. Just knowing that you are actually changing your brain makes a big difference.

The two important things that create new brain cells are importance (value) and repetition. You have to place great value on what you want but also spend time going over it again and again. It is not necessarily easy but well worth the effort. To find out if what I write is true, experiment! Let me know how it turns out. I've written more on this in my book *The Whole Universe Book*, which you can read online at www.TheWholeUniverseBook.com/1

When Positive Thinking Becomes Religion - How "The Secret" and the "Law of Attraction" Poison Spirituality

A *must read* for anybody who is involved in New Thought, New Age, or "The Secret" in any way, the following is extracted from the Tikkun Daily Blog, written by Be Scofield <http://www.tikkun.org/tikkundaily/2010/08/01/>

Exactly fifty years before Rhonda Byrne published *The Secret*, the first positive thinking audio program was released on vinyl record. Named *The Strangest Secret*, it was produced by Earl Nightengale in 1956 and its release was a breakthrough moment in the history of the audio self-help genre as it sold over one million copies. His LP also shares the same central message as *The Secret*, "**we become what we think about,**" and he appeals to the same sources of authority such as Emerson and Socrates.

After his phenomenal success Nightengale went on to form Nightengale Content, one of the largest self-help audio-book publishers. Whether or not Byrne borrowed the title is something only she knows but what is certain is that *The Secret* and law of attraction are nothing new. They draw from a variety of sources both religious and secular.

Byrne's inspiration behind "The Secret" states, "Do not talk about poverty; do not investigate it, or concern yourself with it. Get rich; that is the best way you can help the poor."

Nightengale's LP was one of many secular teachings about positive thinking in the twentieth century. Two of the best-selling depression era books were on the subject. Selling more than 30 million copies since its release in 1937, Napoleon Hill's *Think and Grow Rich* condensed the ideas of some of the most wealthy people of the era into 13 principles of personal achievement. The similarities to the modern day positive thinking movement are clear. The classic book states, "thoughts, like magnets, attract to us the forces, the people, the circumstances of life which harmonize with [them]." Thus the goal is to "magnetize our minds with intense desire for riches." Dale Carnegie's *How to Win Friends and Influence People* also published in 1937 and another first amongst the positive thinking genre has sold over 15 million copies to date.

The earliest source of positive affirmations comes from the French pharmacist Emile Coue who in the 1910's began employing "auto-suggestion" by teaching his patients to repeat the affirmation "Everyday and in every way things are getting better and better." *The Science of Getting Rich* published in 1910 by Wallace D. Wattles is the book that inspired Byrne to write *The Secret*. Because of the recent affiliation and promotion by Byrne, Wattles' book has achieved a renewed interest but it is filled with troublesome statements like this, "Do not talk about poverty; do not investigate it, or concern yourself with it... Get rich; that is the best way you can help the poor." And in the 1950's Norman Vincent Peale turned on America by merging Christianity with

techniques for overcoming daily problems in *The Power of Positive Thinking*.

New Thought/New Age

The religious origins of positive thinking and the law of attraction also known as **New Thought** are attributed to Phineas Parkhurst Quimby, a 19th century mesmerist and clock maker. Rejecting the dominant Calvinism of his day, he recognized how this theology terrorized the hearts and minds of America by threatening them with God's immanent and unpredictable judgment of hellfire and damnation. Quimby believed this was a primary cause of a predominant form of illness at the time labeled as "neurasthenia," or invalidism. Its symptoms included weakness, insomnia, headaches, tiredness, digestive problems and aching backs. Thus one of his methods of healing was to simply explain to his patients that the harsh world view of Calvinism wasn't actually real and that the universe was fundamentally benevolent, loving and caring.

As an alternative to the bleeding, purging, and other rudimentary tactics used to cure this illness, the "mind-cure" method proved much more appealing. Prominent 19th century figures such as William James, Charlotte Perkins Gilman, Jane Addams and Margaret Sanger all suffered with invalidism at some point in their lives. Mary Baker Eddy experienced this debilitating illness from a young age and it was only when meeting with Quimby in 1863 that she was healed. After Quimby passed away a few years later, Eddy stole his teachings, claimed them as her own and then branded them as Christian Science (Quimby used this label at least once in his writings.)

Decisively a Christian, Eddy and others believed they had discovered the same healing techniques of Jesus. An important

point of clarification here is that this 19th century Christian root of New Thought (coined around 1895) is what distinguishes it from the later **New Age** movement of the 1960's and 1970's characterized by crystals, chakra healings, trance mediums and channeling.

Based on the Bible, the various strains within the **New Thought** movement such as Christian Science, Unity, Divine Science and Religious Science appealed to disenchanted Christians who rejected the traditional forms of the faith. While not monolithic, the movement drew from common sources of inspiration such as Emerson's transcendentalism, the Gospels, Hinduism and the Swedenborgian influenced spiritism movement. Some of the general principles were that the kingdom of heaven is within us; God is universal love and wisdom and one with humans; mental states lead to sickness and health; and that humans can experience the infinite power of the divine through healing, creativity and beauty. There were numerous contributors and popularizers to this fast growing movement – too many to be named but among the most significant were: Emma Curtis Hopkins, known as the "teachers of teachers" for the pivotal role she played teaching many New Thought leaders; Warren Felt Evans, author of six volumes of New Thought ideas; Horatio Dresser, editor of *The Quimby Manuscripts*; and Ernest Holmes, author of *The Science of Mind* and founder of Religious Science.

As one of the early contributors to the positive thinking and law of attraction movements Eddy, who was quite dogmatic, laid the groundwork for the disturbing and irresponsible claims about the power of our minds to heal sickness. Look at how she spoke of the power of belief in *Science and Health with Key to the Scriptures*,

“That the body can suffer from heat, cold or fatigue is only a false belief. ... The arm grows strong only because he believes that exercise will make it so. ... Man requires meat and bread only because of his delusions; when first created, man’s life was self-sustaining. Food neither helps nor harms. Eating never made a man live nor has abstention from it ever caused death. ... A boil cannot be painful, for it merely manifests by inflammation and swelling a belief which is called a boil. ... When a bone is broken or a head chopped off, the man remains unchanged.”

It’s no wonder that many Christian Scientists to this day refuse medical treatment because of their magical beliefs in the power of the mind. But what is more striking is the similarity between Eddy’s early irrational claims about sickness and those of *The Secret*. Rhonda Byrne doesn’t get flu shots because, “if you’re feeling good, how can you attract any illness to you?” Bob Proctor states, “Disease cannot live in a body that’s in a healthy emotional state,” and Michael Beckwith claims because of *The Secret* “I’ve seen kidneys regenerated. I’ve seen cancer dissolved.” *The Secret* states, “if someone is overweight, it came from *thinking fat* thoughts.

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The Classic Case of Napoleon Hill

By Dave Hunt (from *Occult Invasion*, Harvest House, 1996)

We have briefly mentioned Napoleon Hill in previous articles. He was not seeking contact with spirit beings when he was suddenly confronted in his study by an unexpected and uninvited intruder. Hill claims that an emissary came across the

astral plane. In a voice that “sounded like chimes of great music,” this visitor from another dimension declared: “I come from the Great School of Masters. I am one of the Council of Thirty-Three who serve the Great School and its initiates on the physical plane.” Hill was informed that he had been “under the guidance of the Great School” for years and had been chosen by them to give the formula of success, the “Supreme Secret,” to the world: that “anything the human mind can believe, the human mind can achieve.”¹

Here again is the same lie that turns one from God to the alleged power of the human mind. Norman Vincent Peale and Robert Schuller try to link this occult power with prayer and faith. Hill was not praying, but was introduced to a mysterious source of “guidance” claiming to inhabit a spiritual dimension (“a region beyond the power of our five senses to know”) from which “unseen, silent forces influence us constantly.”²

Although he spoke and wrote a great deal about “mind power” and “positive mental attitude” (a phrase he was inspired by these entities to coin), Hill was convinced that behind these forces were “unseen watchers” guiding the destiny of those who were willing to submit to their leadership. There was no limit to the success and wealth which these allegedly higher beings would give in exchange for following their principles.

Hill claims to have gotten these secrets from contact with “The Great School of Masters,” of which he wrote: “Sometimes known as the Venerable Brotherhood of Ancient India, it is the great central reservoir of religious, philosophical, moral, physical, spiritual and psychical knowledge. Patiently this school strives to lift mankind from spiritual infancy to maturity of soul and final illumination.”³

Still a perennial bestseller even after 60 years, Hill's best-known book, *Think and Grow Rich*, has been credited with changing the lives and influencing the careers of a large percentage of America's top business executives. Its 1941 edition contains endorsements from United States Presidents Theodore Roosevelt, Harding, Wilson, and Taft; and from some of the world's greatest scientists and founders of America's leading corporations: Thomas A. Edison, Luther Burbank, John D. Rockefeller, F. W. Woolworth, William Wrigley, Jr., George Eastman (of Eastman Kodak), Robert Dollar (of Dollar Steamship Lines), and others.

The Venerable Brotherhood of Ancient India taught Hill the power of visualization. Following their advice, Hill visualized nine famous men from the past sitting around a table as his "advisers." And their advice proved to be remarkably sound and profitable for Hill to follow. As a result, Hill became very successful, and millions of other people (including many of America's leading business, professional, and political leaders) adopted and proved the astonishing power of this ancient shamanic technique in every area of their lives. Though he clung to the idea that it was all imagination, from what Hill wrote it is clear that visualization had opened the door to the world of the occult:

"Every night... I held an imaginary council meeting with this group whom I called my 'Invisible Counselors.' In these imaginary council meetings I called on my cabinet members for the knowledge I wished each to contribute, addressing myself to each member.... After some months of this nightly procedure, I was astounded by the discovery that these imaginary figures became apparently real. Each of these nine men [Emerson, Paine, Edison, Darwin, Lincoln, Burbank, Napoleon, Ford and Carnegie]

developed individual characteristics, which surprised me.... These meetings became so realistic that I became fearful of their consequences, and discontinued them for several months. The experiences were so uncanny, I was afraid if I continued them I would lose sight of the fact that the meetings were purely experiences of my imagination [emphasis in original]. This is the first time I have had the courage to mention this.... I still regard my cabinet meetings as being purely imaginary, but ... they have led me into glorious paths of adventure... [and] I have been miraculously guided past [scores] of difficulties....I now go to my imaginary counselors with every difficult problem which confronts me and my clients. The results are often astonishing.... ⁴

Carl Jung also tried to deny the reality of the entities that visited and guided him. Jung finally was forced to admit their objective reality. Surely Hill could not really believe that his imagination gave each one of his nine counselors "individual characteristics," characteristics which he confessed surprised him. And whence the wisdom that proved so beneficial on so many occasions when problems beyond his ability to solve were presented to his "imaginary" advisers? Of course, it is much more comfortable to believe in the power of imagination than to accept the fact that one has become the victim of an occult invasion.

Notes:

1. Napoleon Hill and W. Clement Stone, *Success Through a Positive Mental Attitude* (Pocket Books, 1977), p. 44.
2. Napoleon Hill, *Grow Rich with Peace of Mind* (Fawcett Crest, 1967), pp. 218-19, etc.
3. *Ibid.*, p. 159
4. Napoleon Hill, *Think and Grow Rich* (Fawcett, 1979), pp. 215-19.

3NAHunt0201 [Ed. – Hunt was obviously a non-believer in paranormal phenomenon.]

Rx for MIND EXPANSION

Floating discussions about ways and means of **Enhancing Spiritual Receptivity** have led to renewed discussions about the mind expanding qualities of psychedelics and psychotropics. [**psychotropic** /psy-cho-tro-pic/ (si'ko-tro'pik) exerting an effect on the mind; capable of modifying mental activity; said especially of drugs.] Names like

Albert Hofmann (January 11, 1906 – April 29, 2008) (not Abbie Hoffman) was a Swiss scientist known best for being the first person to synthesize, ingest and learn of the psychedelic effects of lysergic acid diethylamide (LSD). He authored more than 100 scientific articles and a number of books, including *LSD: My Problem Child*.^[2]

Hoffman said: "I think that in human evolution it has never been as necessary to have this substance LSD. It is just a tool to turn us into what we are supposed to be." Hofmann called LSD "medicine for the soul" and was frustrated by the worldwide prohibition of it. "It was used very successfully for 10 years in psychoanalysis," he said, adding that the drug was misused by the Counterculture of the 1960s and then criticized unfairly by the establishment. He conceded that LSD can be dangerous used by the wrong people.

Aldous Leonard Huxley (26 July 1894 – 22 November 1963) was an English writer and one of the most prominent members of the famous Huxley family. He spent the later part of his life in the United States, living in Los Angeles from 1937 until his death in 1963. Aldous Huxley was a humanist and pacifist, and he was latterly interested in spiritual subjects such as parapsychology and philosophical mysticism. He is also well known for advocating and taking psychedelics.

The Doors of Perception is a 1954 book by Aldous Huxley detailing his experiences when taking mescaline. Mescaline is the principal agent of the psychedelic cactus peyote, which has been used in American religious ceremonies for thousands of years.^[1]

Richard Alpert (born April 6, 1931), also known as **Baba Ram Dass**, is a contemporary spiritual teacher who wrote the 1971 bestseller *Remember, Be Here Now*. He is well known for his personal and professional association with Timothy Leary at Harvard University in the early 1960s. He is also known for his travels to India and his relationship with the Hindu guru Maharaj-ji and for founding charitable organizations Seva Foundation and Hanuman Foundation. However, perhaps most notable was the work he was doing with his close friend and associate, Dr. Timothy Leary. Alpert and Leary brought a test batch of both magic mushrooms and LSD back to Harvard, where they conducted the Harvard Psilocybin Project and experimented with LSD relatively privately.

When asked if he could sum up his life's message Ram Dass replied, "I help people as a way to work on myself, and I work on myself to help people... To me, that's what the emerging game is all about." Ram Dass was awarded the Peace Abbey Courage of Conscience Award in August 1991.

These pioneers, among many other notables, helped break open the hard shell that had formed over our consciousness through tens of thousands of years of spiritual isolation, and tap into a new dimension: the Fifth Dimension that brought us "the dawning of the age of Aquarius" as well as a super consciousness of a realm of reality outside the mold. No wonder people were afraid of them, and of their drugs.

One final entry on this theme of Spiritual Receptivity comes from the August Fellowship Newsletter, in an article by Paul Herrick on Nobel Prizes that were given post-1955 for what the Urantia Book had stated pre-1955.

“The fact of the two hemispheres of the brain was discovered in 1962 and won a Nobel Prize in 1981. This is the fourth Nobel Prize that I know of so far that was given for discoveries made since 1955 that were mentioned in The Urantia Book in 1955. The other three are: space temperature is above absolute zero (discovered 1964, Nobel 1978), binary pulsars (discovered 1974, Nobel 1993), and neutrinos from supernova (discovered 1987, Nobel 2002).

From The Urantia Book [49.5.7] From the two-hemisphere type of the Urantian cerebral cortex you can, by analogy, grasp something of the one-brained type. The third brain of the three-brained orders is best conceived as an involvement of your lower or rudimentary form of brain, which is developed to the point where it functions chiefly in control of physical activities, leaving the two superior brains free for higher engagements: one for intellectual functions and the other for the spiritual-counter-parting activities of the Thought Adjuster.

From Science. (First discovered in 1962) (and adopted by New Thought/New Age):

LEFT BRAIN FUNCTIONS:

- detail oriented
- uses logic
- facts rule
- words and language
- present and past
- math and science
- can comprehend
- knowing
- acknowledges

- order/pattern perception
- knows object name
- reality based
- forms strategies
- practical
- safe

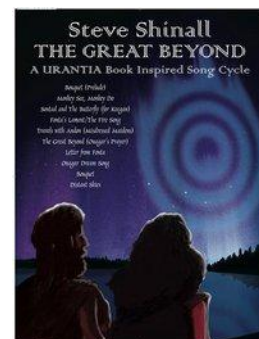
RIGHT BRAIN FUNCTIONS:

- uses feeling
- "big picture" oriented
- imagination rules
- symbols and images
- present and future
- philosophy & religion
- can "get it" (i.e. meaning)
- believes
- appreciates
- spatial perception
- knows object function
- fantasy based
- presents possibilities
- risk taking
- impetuous”

Steve Shinall: The Great Beyond

Check out this Urantia band, featured on Facebook, with a song cycle inspired by Andon and Fonta.

Musicians: Salakida-Vocals ; Bruce McLeod-Keyboards and bass; Brandon Thomas-Acoustic guitars; Daniel Williams-Saxophone and Flute; Kenne Cramer- Electric Guitars; Cristina Seaborn-Violin; Steve Shinall-Drums, Percussion, Vocals.



Also, From Michael DiMattia

“A Million Stars”

<http://www.youtube.com/watch?v=U-SvPeDz1z8&feature=related>

UBIS ANNOUNCEMENT OF THE SEPTEMBER 2010 SEMESTER SCHEDULE OF COURSES

Registration begins on Monday, September 6 on the UBIS website:

www.urantiabookschool.org.

The Registration period is 2 weeks, from September 6 to September 19. Courses begin on Monday, Sept. 20. To apply for registration in a course, on Monday, Sept. 6 or after, go to the UBIS website, click on the word **HERE** on the **HOME** page: select a course and click on the [Apply] button, then fill in the information on the Application. A registration "confirmation notice" will be sent to you containing the additional information you will need for student participation. You will be contacted if for some reason your application can not be accepted.

We are pleased to announce the following three courses for the September Semester:

(1) CORE CURRICULUM COURSE

TITLE: *The Universal Father*

PAPERS: 1, 2, 3, 4, 5

TEACHER/FACILITATOR: Judy Cosky

COURSE DESCRIPTION

This course will study in depth the personality, nature, and attributes of the Universal Father, as well as his relationship to the universe, and his interpersonal relationship with the individual mortal.

PERSONAL BIO: Judy lives in Michigan and has been a reader of The Urantia Book for the past 35 years. She has worked as an educator, therapist, and healthcare analyst.

(2) TOPICAL STUDY- PARTS II and III

TITLE: *A Study of Seraphim*

PAPERS: 38, 39, 113, 114

TEACHER/FACILITATOR: Dorothy Elder

COURSE DESCRIPTION:

It is said of Seraphim, on p.419: "They love human beings, and only good can result from your efforts to understand and love them". This course is an in depth study of the origin, nature and work of the Seraphim, the Seraphic Guardians of Destiny, and the unique Seraphic Planetary Government on Urantia.

PERSONAL BIO: Dorothy lives in Los Angeles and has been a reader since 1968. She has two grown children and three grandchildren. Dorothy is a retired teacher and enjoys her work with the Urantia Book Internet School. She has served as UBIS Director since its formation in 1998.

(3) TOPICAL STUDY - PARTS III and IV

TITLE: *Marriage and Family Life*

PAPERS: 82, 83, 84, and various sections from 142, 160 and 167

TEACHER/FACILITATOR: Pam Maunakea

COURSE DESCRIPTION

This course will explore the evolution of marriage, its role in society, and culminate with Jesus' lessons and Rodan's thoughts on the art of living the ideals of family life.

PERSONAL BIO: Originally from Honolulu, Hawaii, Pam moved to Southern California to attend college in 1973. She has 2 grown children, a son and a daughter, and has been a reader since 1970. Pam works as a department business manager at a college near her home.

The UBIS welcomes you and invites you to come and join in study and fellowship with our brothers and sisters from around the world.

In friendship,
Dorothy Elder (delder03@sprynet.com)

First Edition URANTIA e-BOOK Now Available

Hello fellow UB readers,

Just in case any of you are not on our SquareCircular mailing list . . .

Square Circles has just published a reformatted, footnoted, downloadable, printable, searchable eBook that duplicates the 1955 first edition of the Urantia Book. Every line matches the original, down to the hyphenation. Typos and later changes to the text have been restored to the original, then **footnoted in red**, according to my latest information from the [Standardized Text Committee](#).

It is currently available on two sites:
<http://www.squarecircles.com/> (click on picture above or on the home page)
<http://www.theoquest.com/ubstudy/1955printablePDF.html> (Here you can also download a life-size color version of the original cover which I scanned in from my personal first edition.)

This is a work-in-progress, as we plan to add many other footnotes. So many have include Paper:Section:Paragraph.line in their versions but we decided not to do that for this book, to keep it as uncluttered as possible. This is also handy to print up for a study group when away from home, one paper at a time, or to share with potential readers when you just want to give them a little preview of the book.

Please give me your feedback if you get a chance!

Thank you,
Saskia

ALL ELECTIONS

Hi Everybody,

Our yearly election cycle is coming up this fall. This is an early notice to encourage you to think about who you would like to nominate for a seat on the council, including yourself. It's a three year commitment, but the time does fly by fast.

The current council would love to have more input from the membership. This includes participation on the council. We don't want to be a few councilors with a membership at large. We want all of us to participate. If each one of us can cycle through the council positions from time to time then we all will have a greater impact on our collective goals as The Association for Light and Life.

Please give thoughtful consideration as to how you may contribute to the on-going purposes of ALL.

Rick Giles

ALL WEBSITE Under Construction

Bob Devine and Russ Gustafson's effort, with webmaster Jena Pittmon, on the design of the new ALL website, was joined by ALL Editor Gerdean O'Dell. Members have been tossing around ideas both on the list and behind the scenes. These ideas will be an item on the Council's Agenda when it meets with Jena on September 8th to review what has been discussed and what we might anticipate. Enthusiasm is high.

Meanwhile, the ALL Newsletters are being archived at www.odellbowen.com, in the Association for Light and Life segment.

TEAMCIRCUITS NEWS

Donna D'Ingillo's recent presentation in Marin County California on **Enhancing Spiritual Receptivity** through generational healing and reformatting of the DNA made such an impression on Mary Livingston, she is hard at work on a Paper to support it. It is speculated that Halbert Katzen, who ties in the UB with science, might find the theory interesting.

TEACHING MISSION NETWORK

Under Jim Cleveland's guidance, the Team Network continues to unfold. Perhaps the greatest breakthrough recently has been the sudden surge in popularity of the Stillness CD, which was narrated by Michael Painter of the Indianapolis Team on behalf of the Stillness Foundation, and distributed by Marty Risacher.

A new IMAC has been donated to the cause by James Reese, a technological whiz coming on board out of Florida. Jim will be learning IMAC and building the website.

TEACHING MISSION BOOK

The Team Book continues to come together under Jim Cleveland's guidance. Several of those who held up progress by tardy submissions have submitted their stories. Editing proceeds apace.

TEACHING MISSION DOT COM

Gerdean found the domain name unclaimed and bought it for a year in hope of building the long-sought site that will finally give our 19-year old movement its own web presence. Meanwhile, for prior transcripts, check out <http://www.TeachingMission.net>
Thanks, Russ!

Starbridge Bridges Language Barriers

Our little communications charity has opened the following new sites which are now operational to disseminate the Teaching Mission and the Magisterial Mission to non-English speaking audiences. The current on-line sites are:

LINKS:

Spanish Language:

<http://www.monjoronson.com/es>

French Language:

<http://www.fr.monjoronson.com/>

German Language:

<http://www.monjoronson.com/de/>

English Language:

<http://www.monjoronson.com/>

Administrators and Translators for each site are handled by individuals native to the country and language highlighted.

We are actively planning to expand to new language web sites where we can in as timely way as we can afford to do so.

There is every reason to believe from information forthcoming from highly placed celestial authority that no effort is too small to prepare Urantia's population for what is to come.

Starbridge is actively making plans to do what it can, and anyone who has the desire to help with money or with good ideas, or both, is encouraged to let us know. Tell us what you may have in mind.

Thank you.
Ron Besser

IN OTHER NEWS
MONDAY, 23 AUGUST 2010

China Discloses UFO Reality Aliens Are Sending UFO Probes Here



Dramatic events have taken place in *China* over the last few days and that nations thousands of *UFO researchers* and enthusiasts are reeling in shock.

One of the heads of China's famous *Purple Mountain Astronomical Observatory*, **Professor Wang Sichao**, has gone public admitting the UFOs are real and aliens are visiting Earth and that the observatory has observed their craft many times. The admittance of UFO reality was made yesterday within an official speech entitled tellingly *China's UFO truth*. This news has been extensively reported in China.

The key points that Wang Sichao have disclosed are that

- Aliens are visiting Earth on R & D expeditions
- These UFOs are probes manned by robots.
- These craft travel at eighty percent the speed of light.
- These craft have been seen by the

observatory many times at between 150 and 1500 kilometers above Earth.

- The aliens might use Nuclear fusion to propel their craft
- 39 years of work at Purple Mountain Observatory has led Wang to believe these craft use Earth's gravity to manoeuvre and stay aloft
- Wang Sichao also said he disagreed with Stephen Hawking's recent comments and declared that these aliens appear peaceful and require nothing materially from us as they can create their own materials using advanced technology.

In the event that these aliens do not come in peace, he stressed they are not gods and have flaws and thus we can possibly defend ourselves.

So is it time to start running around like headless chickens and eat each-others brains? Or have the UFO people been right all along?

Latest In UFO News

After UK MOD UFO X-Files which had revealed UFO incidents which includes pilot's 'Near Miss' with UFO at Manchester Airport, UK and some top secret UFO facts like Churchill had ordered a 50-Year cover-up on UFOs .And yesterday Chinese Astronomer and USA Physicist had also told the world that UFO Are Real.

Now in a recent research report from "Aeronautical and Astronomical Society of France" (L'Association Aéronautique et Astronautique de France, AAAF or 3AF) concluded that the UFO phenomenon is real and ***probably definitely*** extraterrestrial origin.

[Ed.-"Probably definitely" – I like that. ☺]

That's ALL Folks!